

March 2017

Dedicated Readers of Kime,

Thank you to all the submissions made for this newsletter over the past months. Keep it up!! The more content we receive, the better the newsletter will be (and the more interesting).

If you have any ideas, content, articles, pictures, or anything you'd like to see in the newsletter, send your insights and comments to maig@anshindojo.com.

Stripe Testing TWICE in March!

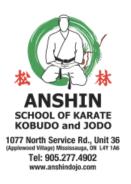
There will be stripe testing in March occurring on March 8th and March 22nd. Both Wednesdays will give students a chance to redeem their stripes and prepare for the next belt grading that will be in April. Good luck! Train hard!

Friendship Day this Month

Friendship Day this month will be hosted by Sensei Steve Trombley and held at Anshin Dojo, on Sunday, January 26th. Hope to see everyone there!!

50th Anniversary of Matsubayashi

It was great to see everyone who participated in the seminar last month honouring Sensei Frank Baehr and celebrating his contribution to Matsubayashi-Ryu. Sensei Baehr brought the style to Canada 50 years ago and he is the reason we are all able to get together. So thank you Sensei Baehr. We at Anshin Dojo look forward to many more seminars to come.





Tues: 7:00 - 8:30 pm Sun: 12:00 - 1:30 pm High Ranking,

High Ranking, Fully Qualified, Registered Black Belt Instructors.

"Your Safety is our First Priority!"

FULLY CERTIFIED AND REGISTERED WITH THE CANADIAN KENDO FEDERATION





Illustration 1: Honbu Dojo in Okinawa

Dojo Closures

N/A

Special Events

8th – Stripe Testing 22nd – Stripe Testing

11th – laido at Stratford

Martial Arts

18th – Jiu-jitsu at Stratford

Martial Arts

25th – Iaido at Stratford

Martial Arts

26th – Friendship Day at

Anshin Dojo

Birthdays

4th – Marianne

12th – Christian M.

12th - Greg